Gynecologic Cancer InterGroup
Cervix Cancer Research Network

Hypofractionation for Cervical Cancer

Anuja Jhingran, MD

Cervix Cancer Education Symposium, February 2018

Definitive Treatment: Hypofractionation EBRT

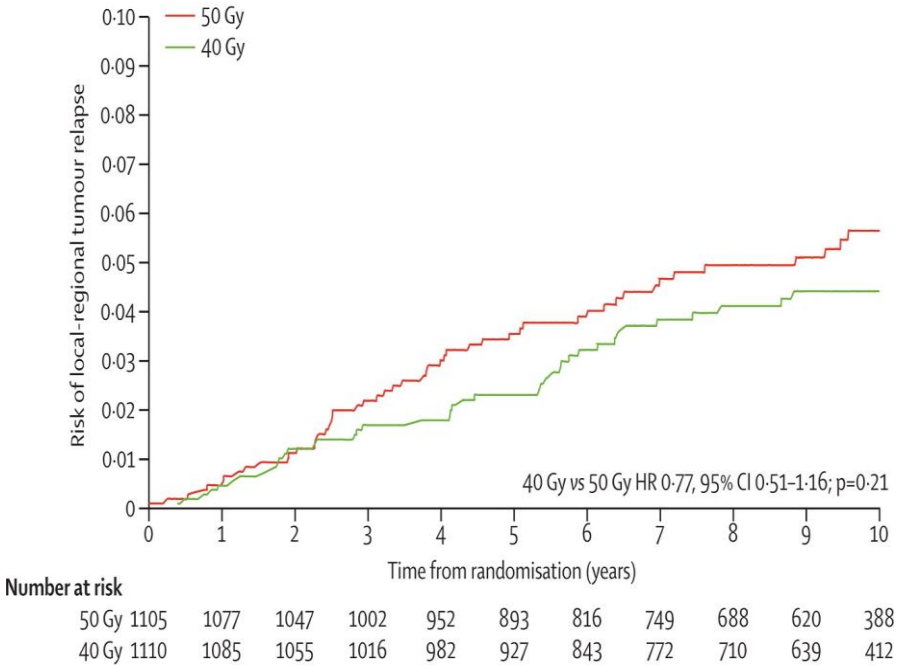
- 45-50.4 Gy, Is this optimal?
- Dose per fraction: 1.8-2.0 Gy?
- Guiding principle: Mitigating late toxicity

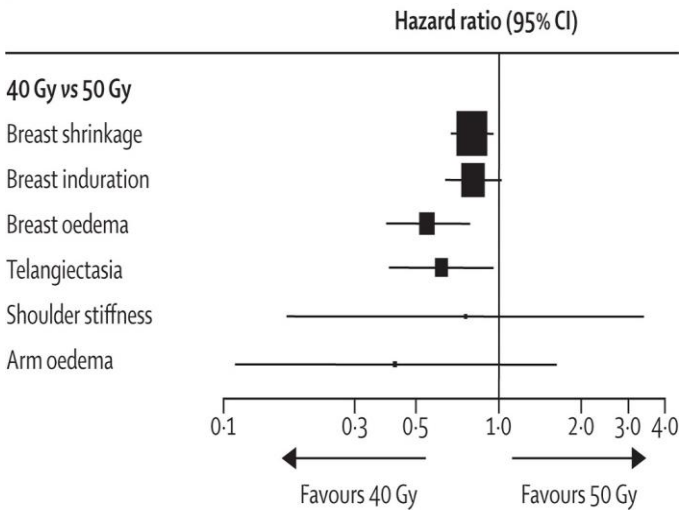
Advantages and Concerns

- Shortening fractionation raises concerns
  - Late toxicity in bowel = esp with long term survival
  - Conventional fractionation might be better at reducing local recurrences – especially nodal
- Inherent advantages
  - More convenient
  - Less expensive
  - With intact cervix could shorten treatment time

Hypofractionated WBI

START B

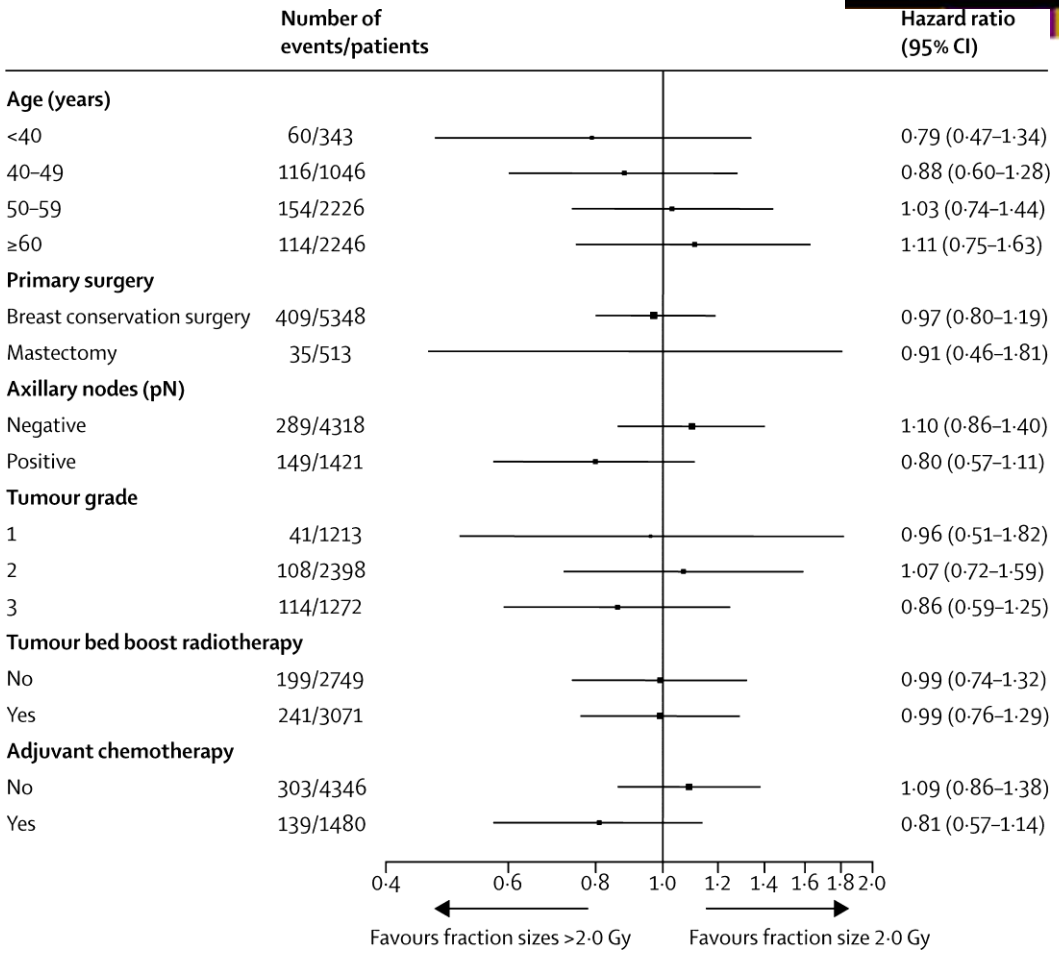




Haviland et al, Lancet Oncol 14:1086-94, 2013

Gynecologic Cancer InterGroup
Cervix Cancer Research Network

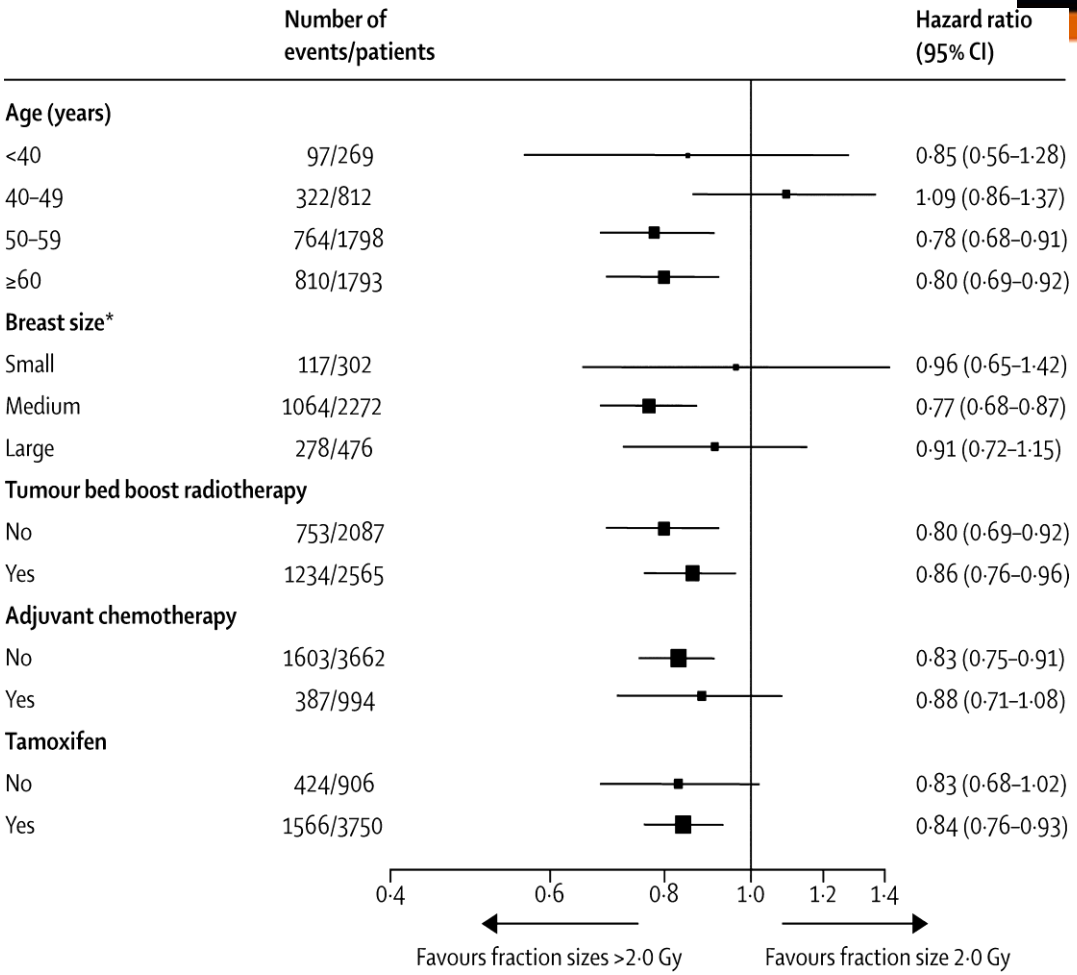
Meta-analysis for local-regional relapse



Cervix Cancer Education Symposium, February 2018

Gynecologic Cancer InterGroup
Cervix Cancer Research Network

Meta-analysis for complications



Cervix Cancer Education Symposium, February 2018

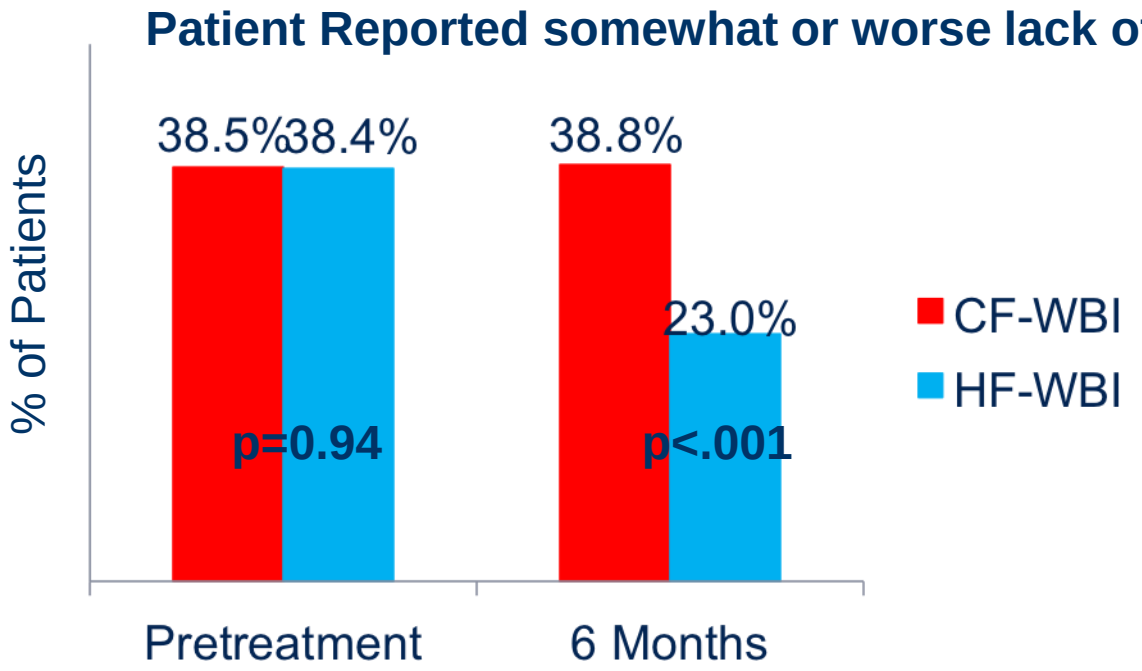
Haviland et al, Lancet Oncol 14:1086-94, 2013

Gynecologic Cancer InterGroup
Cervix Cancer Research Network
MD Anderson trial

	Dose to Whole Breast/ # Fractions	Dose to Tumor Bed Boost/ #Fractions	Total Days of RT
CF-WBI	50G**MD Anderson trial**/25fx	10Gy/5fx Margin ≥2mm 14Gy/7fx Margin <2mm	30-32
HF-WBI	42.56Gy/16fx	10Gy/4fx Margin ≥2mm 12.5Gy/5fx Margin <2mm	20-21

6 Month Patient FACT-B Scores

	CF-WBI	HF-WBI	p-value
Mean Physical Wellbeing Score	24.7	25.4	0.07
Q1. Lack of energy: somewhat or worse	38.8%	23.0%	**<0.001**

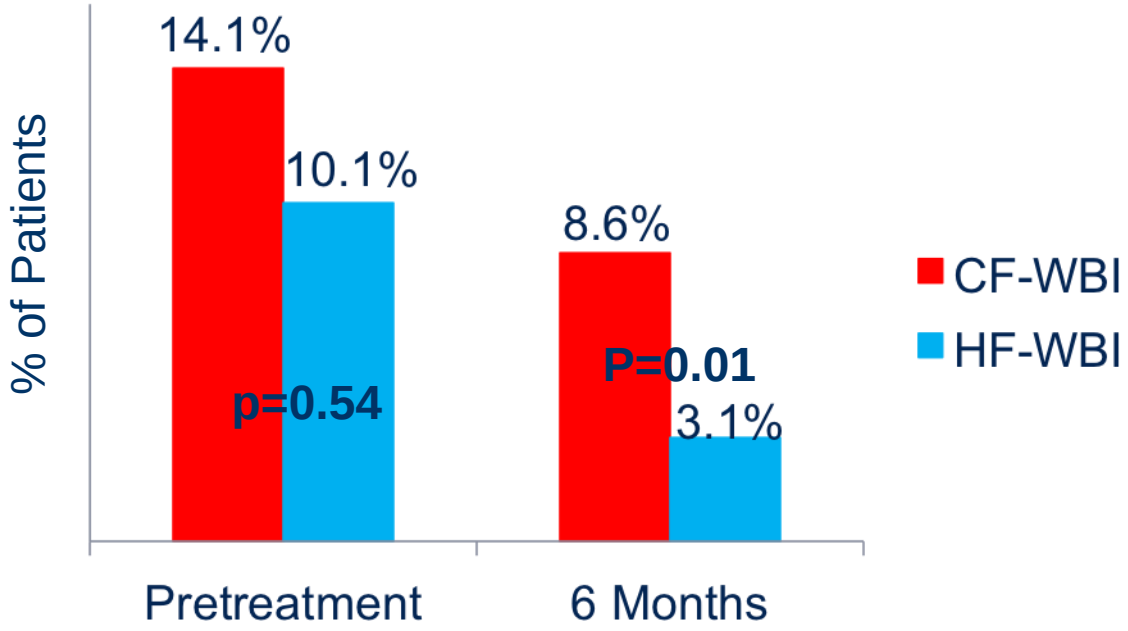


Shaitelman et al., JAMA Oncology 94:338-48, 2016

6 Month Patient FACT-B Scores

	CF-WBI	HF-WBI	p-value
Mean Physical Wellbeing Score	24.7	25.4	0.07
Q3. Somewhat or worse trouble meeting family needs	38.8%	23.0%	**<0.001**

Patient Reported somewhat or worse trouble meeting family needs



Shaitelman et al., JAMA Oncology 94:338-48, 2016

Summary

- For women who need whole breast irradiation without addition of a third field to cover the regional nodal basins, hypofractionated-whole breast irradiation should be the preferred standard of care
  - Evidence is robust
  - Less expensive and more convenient
  - Less acute toxicity
  - Less fatigue – a benefit that lasts through at least 6 months post-treatment
  - With 40 Gy in 15 fractions, better cosmetic outcome and soft tissue toxicity
- An acceptable standard of care for nearly all patients with early breast cancer treated with breast conserving surgery.

Phase III Randomized Trials –Moderate Hypofx 2.4- 4 Gy per day, 52-72 Gy, 19-30 txs

Study	Median FU, mo	Risk, GS, or NCCN	Technique	Regimen	BED, Gy	*n*	Outcome	Toxicity
Lukka et al. [15]	68	60% GS ≤6 31% GS 7 9% GS 8–10	3DCRT No IGRT	52.5 Gy/20 fx	62	466	5 yr FFBF 40% (NS)	Gr ≥3 2% (NS)
				66 Gy/33 fx	66	470	5 yr FFBF 43%	Gr ≥3 1%
Yeoh et al. [17]	90	n.s.	2D/3DCRT No IGRT	55 Gy/20 fx	66.8	108	7.5 yr FFBF 53% ($p < 0.05$)	Late GU; HR: 1.58 (95% CI, 1.01–2.47) favoring hypofractionation
							34%	
Dearnaley et al. [18]	51							Gr ≥2 GU 0% (NS) Gr ≥2 GI 1% (NS)
								Gr ≥2 GU 2% Gr ≥2 GI 4% Gr ≥2 GU 2% Gr ≥2 GI 4%
Kuban et al. [14]; Hoffman et al. [19]	60						%	5 yr Gr ≥2 GU 16% (NS) 5 yr Gr ≥2 GI 10% (NS)
							%	5 yr Gr ≥2 GU 17% 5 yr Gr ≥2 GI 5%
Arcangeli et al. [12,13]	70						%	3 yr Gr ≥2 GU 16% (NS) 3 yr Gr ≥2 GI 17% (NS)
			100% 9 mo ADT				*p ss for GS ≥4 + 3	
				80 Gy/40 fx	80	85	5 yr FFBF 79%	3 yr Gr ≥2 GU 11% 3 yr Gr ≥2GI 14%
Pollack et al. [16]	68	34% GS ≤6 47% GS 7 19% GS 8–10	IMRT IGRT	70.2 Gy/26 fx	84	151	5 yr BCDF 23% (NS)	5 yr Gr ≥2 GU 13% ($p = 0.16$) 5 yr Gr ≥2 GI 9% (NS)
				78 Gy/36 fx	78	152	5 yr BCDF 21%	5 yr Gr ≥2 GU 13% 5 yr Gr ≥2 GI 9%

Outcomes and complication rates "similar" to conventional fx
85-90+ % PSADF LR/IR

RTOG 0415- 1115 pts
Non-inferior BF, sl ↑ complications

Koontz, Eur Urol 68:683, 2015

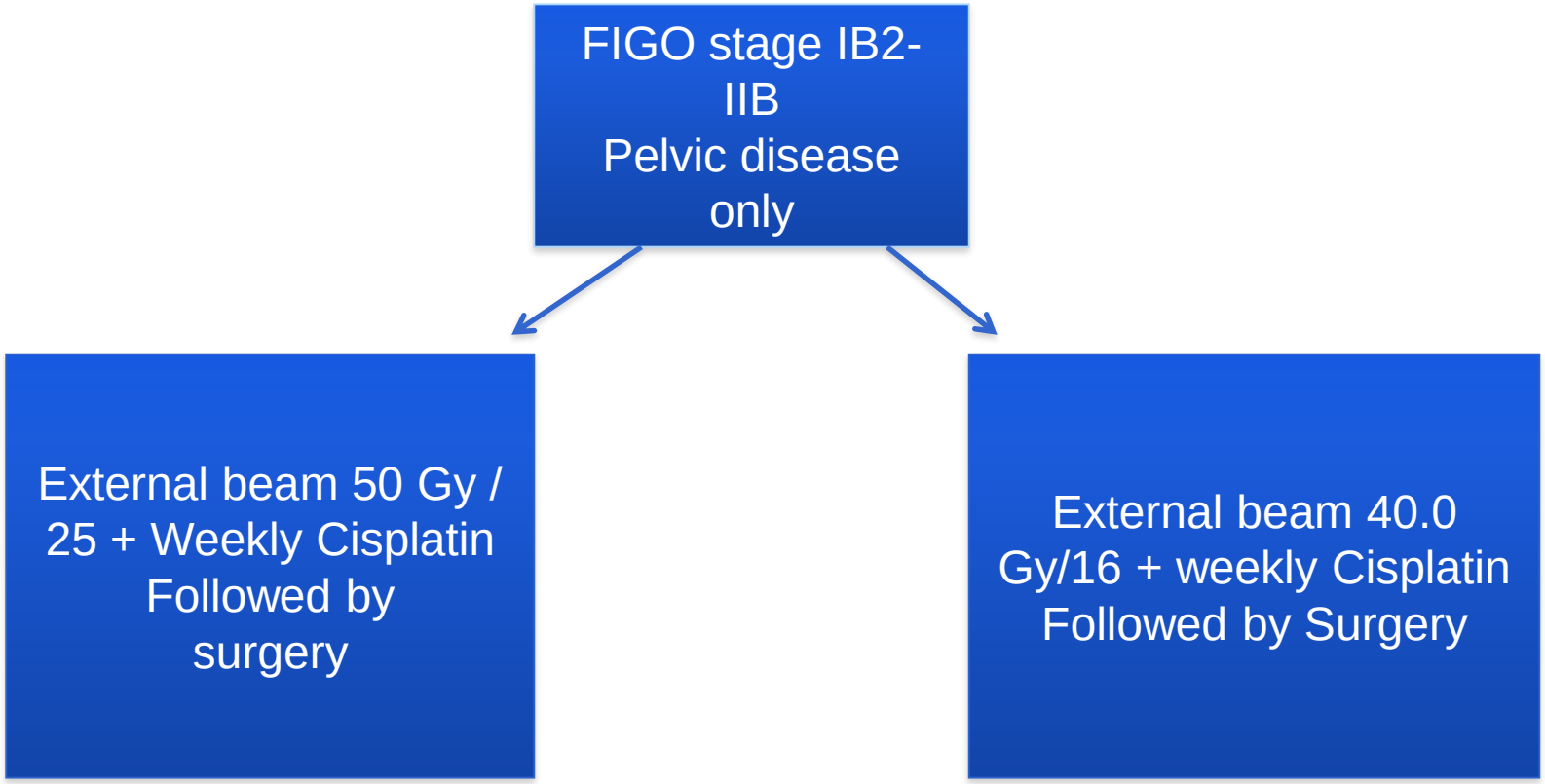
Hypofraction: BED and EQD2

Dose	Dose per fraction	Alpha/Beta	BED	EQD2
45	1.8	3	72.0	43.2
44	2.0	3	73.2	44.0
37.5	2.5	3	68.8	41.3
30	3.0	3	60.0	36.0
45	1.8	10	53.1	44.3
44	2.0	10	52.8	44.0
37.5	2.5	10	46.9	39.1
30	3.0	10	39.0	32.5
Brachy				
30	6.0	3	90.0	54.0
28	7.0	3	93.3	56.0
24	8.0	3	88.0	52.8
18	9.0	3	72.0	43.2
30	6.0	10	48.0	40.0
28	7.0	10	47.6	39.7
24	8.0	10	43.2	36.0
18	9.0	10	34.2	28.5

45/1.8 + 30/6 = **97.2 EQD2** vs 37.5/2.5 + 24/8 = **94.1 EQD2** for alpha/beta 3

30 fractions vs 18 fractions

Definitive Trial: Phase II - No brachytherapy



Definitive Trial: No brachytherapy

- Surgery:
  - Radical hysterectomy 4 -6 weeks after radiation with removal of only abnormal nodes at that surgery and sampling of pelvic and para-aortics
  - If positive para-aortics – treatment with radiation therapy
  - No surgery – if progression of disease

Definitive Trial: No brachytherapy

- Chemotherapy:
  - Weekly cisplatin – will give 5 courses only in the standard arm
- Endpoints:
  - Primary: PRO –EORTC and Cervix Subscale from FACT
  - Secondary: relapse free survival, overall survival, complications: including days in hospital after surgery and blood transfusion, pathological response

Definitive Trial: No brachytherapy

Time Point	Purpose
Before RT	Baseline
2 weeks after RT start	Compare early acute toxicity
End of RT/chmotherapy (at 5 weeks in both arm)	Maximum difference in acute toxicity
4-6 Weeks after RT (before surgery)	Compare resolution of acute toxicity
6 months after RT	Compare toxicity after surgery
1 year from the start of RT	Early chronic toxicity
2 years from the start of RT	Long term toxicity

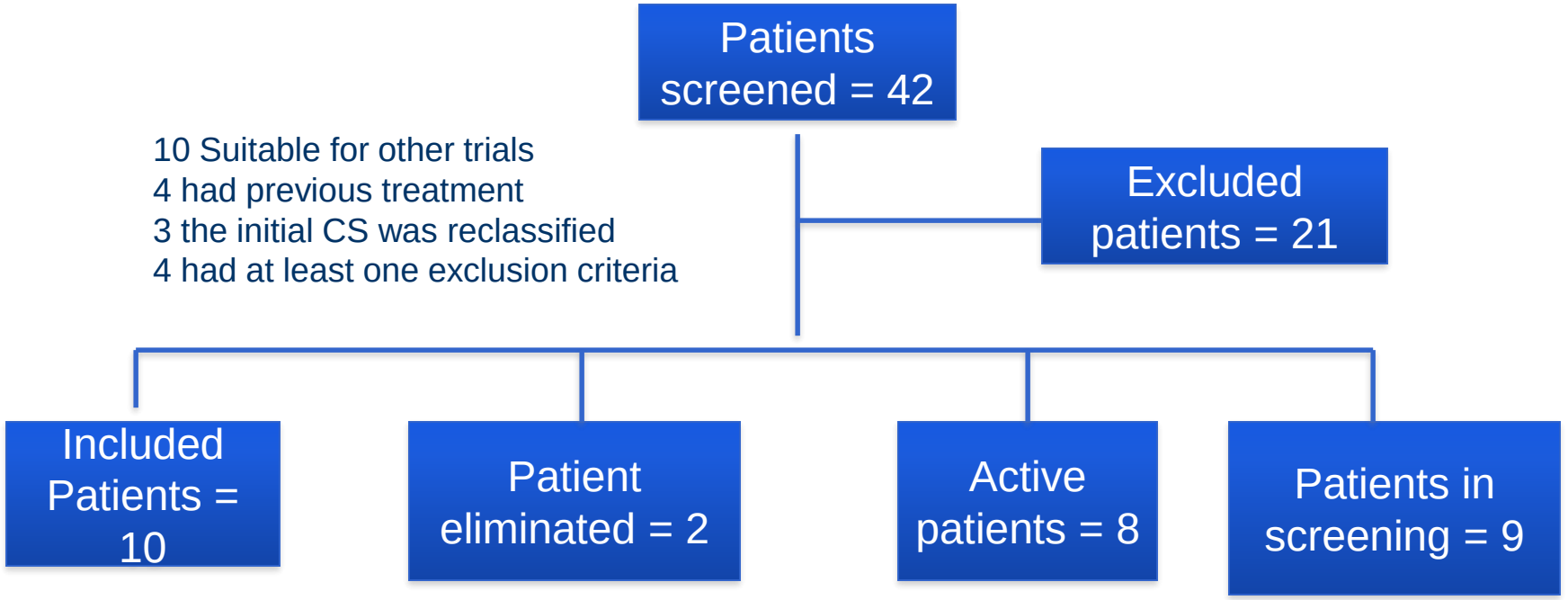
Definitive Trial: No brachytherapy

- Early stopping rules – after 10 enrolled patients/per center and then every 20 enrolled patients
- If increase toxicity seen – then terminate trial

Gynecologic Cancer InterGroup
Cervix Cancer Research Network

Hypofraction Trial in Mexico

Start of recruitment 11/20/2017



Cervix Cancer Education Symposium, February 2018

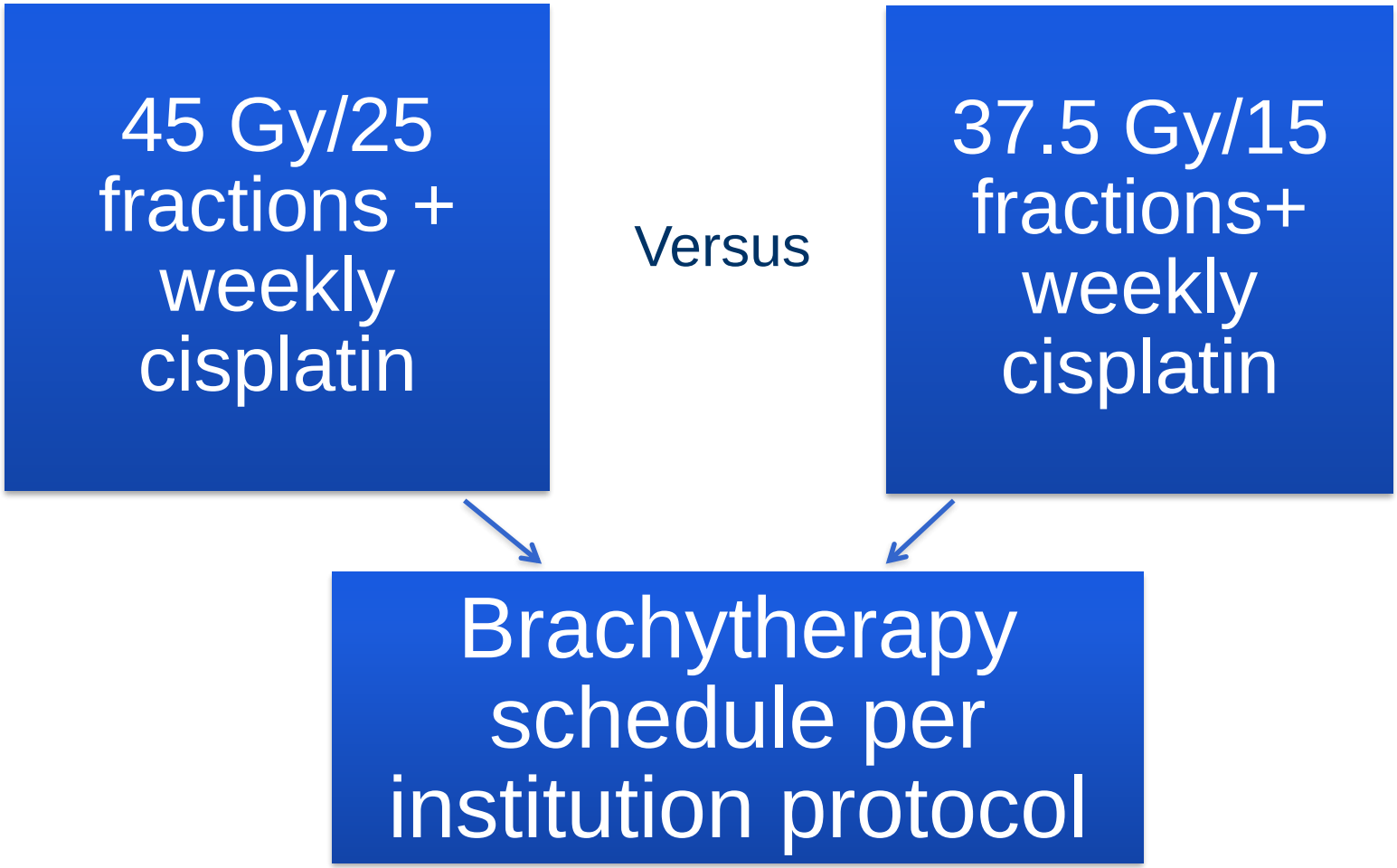
Hypofractionation Trial – Mexico Data

Age	Mean (min-max)	45 (24-69)
Clinical Stage	IB2	5
	IIA2	2
	IIB	2
Histology	Squamous Cell carcinoma	9
Grade	2	6
	3	3
LVSI	NO	7
	Yes	2
Treatment	Standard	4
	Hypofraction	5

Hypofractionation Mexico

	Pain	Dermatitis	Cystitis	Colitis	Trans-rectal Bleeding
0		0			0
1	1 (11%)	0	1 (11%)	2 (22%)	0
2		0		1 (11%)	0
3		0			0
4		0			0
5		0			0

Definitive CRT: Phase II Randomize



ENDPOINT: PRO

Definitive Trial: brachytherapy

- Chemotherapy: weekly cisplatin?
- Endpoints:
  - Primary: PRO – Expanded prostrate cancer index composite (EPIC) and Cervix Subscale from FACT Secondary: relapse free survival and overall survival and chronic complications

However – can we make it even shorter?????

Long term results of randomized trial of preop short course vs conventional

Bujko K et al Polish Colorectal Study group: *Br J Surg* 2006;93:1215

- Randomized trial, n=316 with median f/u 48 months
  - chemoradiation (FU/leucovorin) 50.4 Gy in 28 fractions preoperatively vs 25Gy in 5 fractions
  - TME 7 days after short course and 4-6 weeks post long course
- cT3T4, treatment goal was sphincter preservation with secondary survival. LR, DM, and late toxicity
- Fields were low pelvis standard bony landmark fields
- If outback chemotherapy was given it was 4 months for standard fractionation and 6 months for short course
- Q 6 month exams and CT X 3 years then yearly
- LR was any recurrence in the RT field

Long term results of randomized trial of preop short course vs conventional

Bujko K et al Polish Colorectal Study group: *Br J Surg* 2006;93:1215

- Acute effects

	Short course	Standard
Gr3/4 acute	3.2	18.2

	Short course	Standard
compliance	97.9	69.2

Long term results of randomized trial of preop short course vs conventional

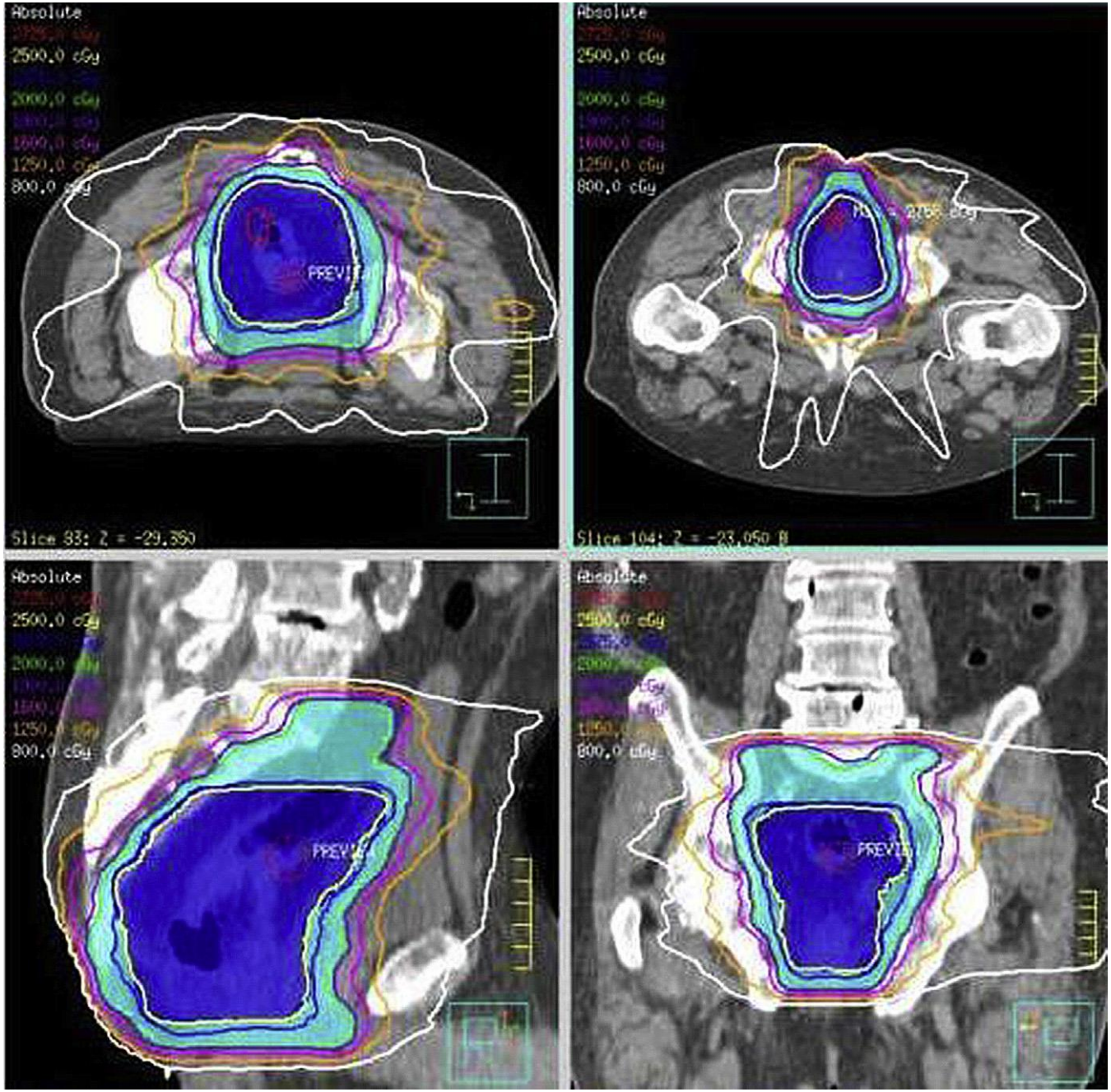
Bujko K et al Polish Colorectal Study group: *Br J Surg* 2006;93:1215

	Actuarial LR $(\%)_4$	**Severe late complications**
Short course	10.6	10.1
Stnd	15.6	7.1

Association b/w path response in metastatic nodes after preop therapy and risk of DM – Polish study

Bujko K et al *IJROBP* 2007;67:369

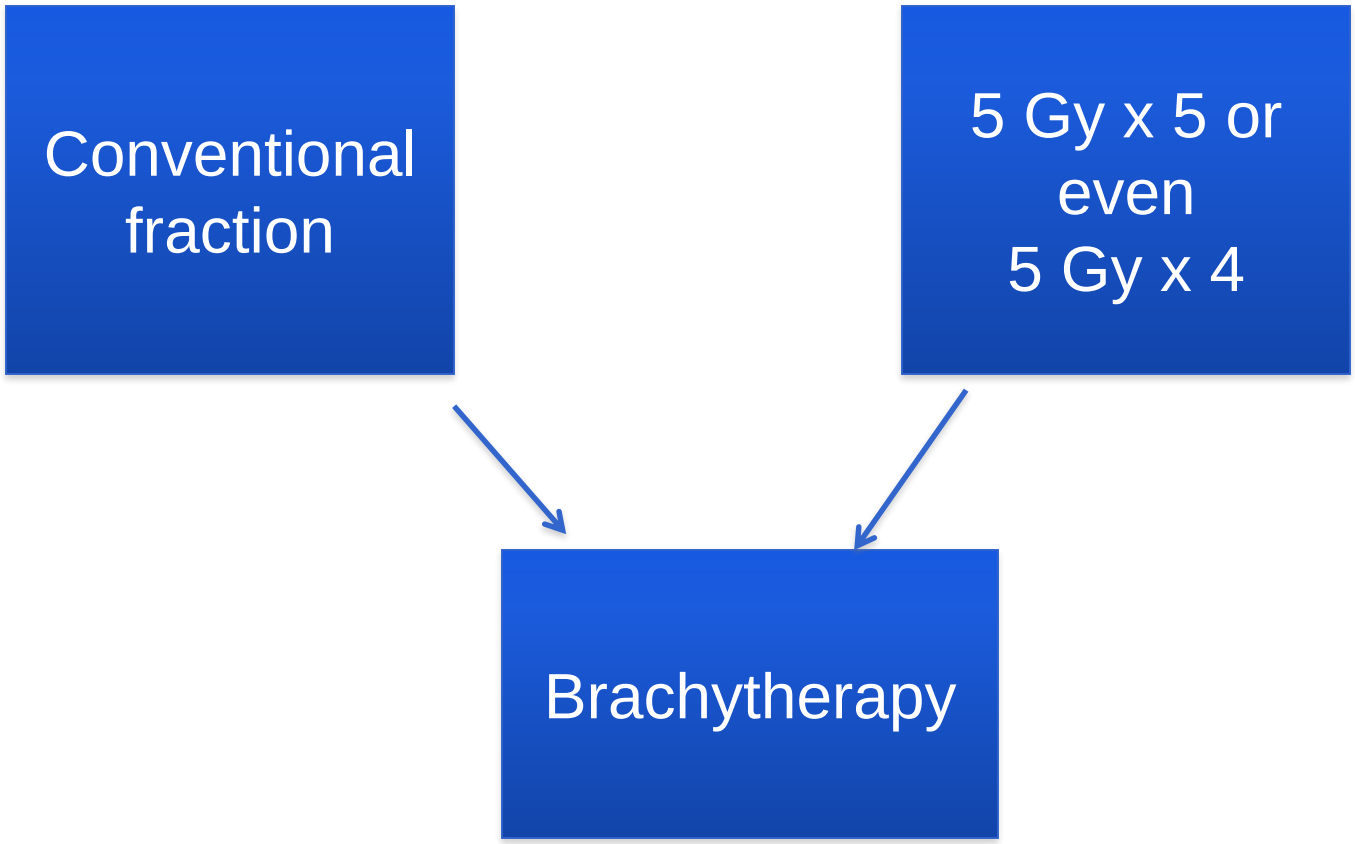
- N=316 randomized b/w 5Gy X 5 followed by 6 months chemo vs 1.8 Gy X 28 followed by 4 months chemotherapy. Surgery 1 week after short course and 4-6 weeks post standard
- RT four or three filed prone 1 cm above sacral promontory
- DFS, LC and DM similar in both arms
- ypN only independent prognostic factor for DFS
- ypN0 DFS similar
- ypN(+) DFS worse in standard arm 51% vs 25%
  - Same group LR 14% vs 27%
- More favorable path prognostic factors observed in chemoRT group but no difference in long term outcomes



Light blue – 20Gy
Dark blue – 25 Gy

Myerson RJ
IJROBP
2014;88:829

Thought provoking Trial



Gynecologic Cancer InterGroup
Cervix Cancer Research Network

Thank You

Cervix Cancer Education Symposium, February 2018