

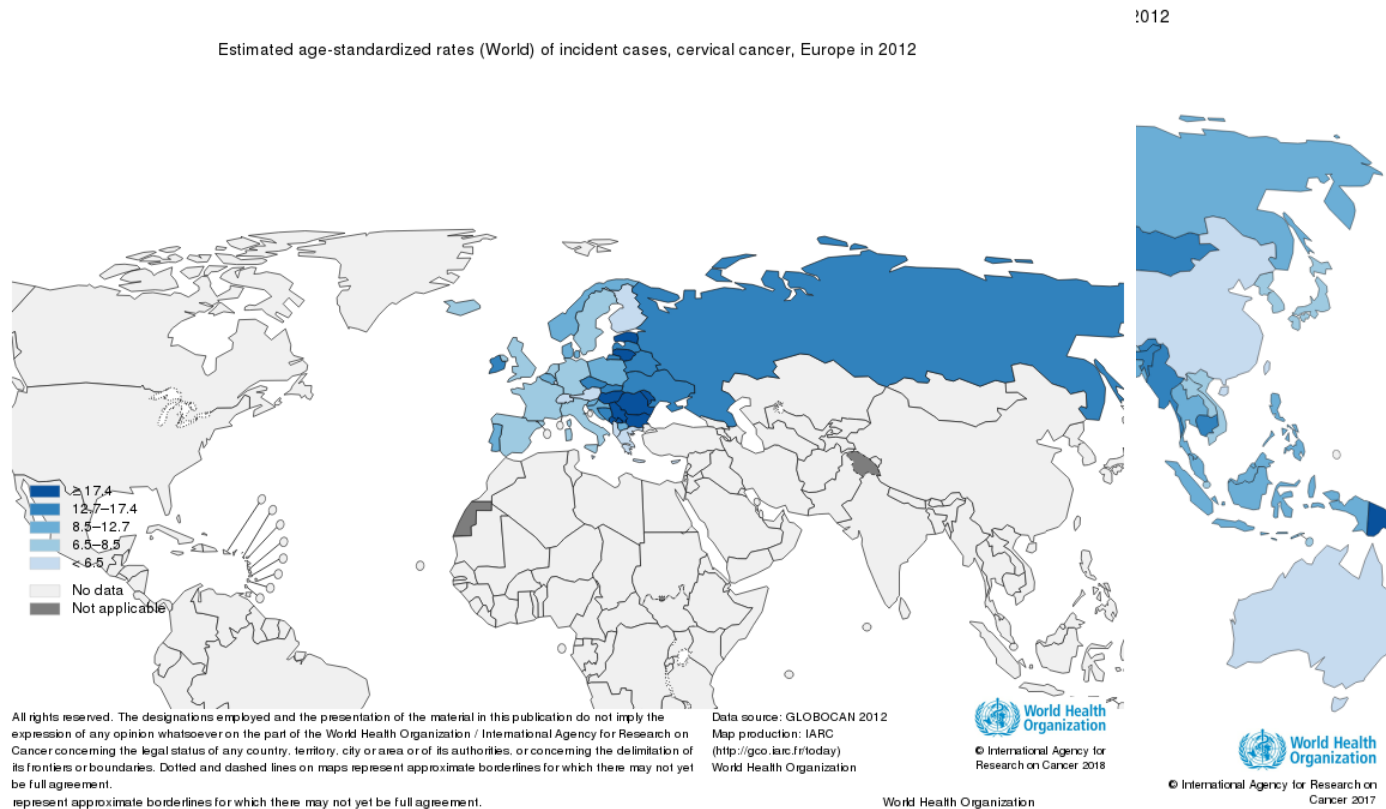
Elekta Brachytherapy in Eastern Europe

Jan De Becker
Elekta Brachytherapy

Gynecologic Cancer InterGroup Cervix Cancer Research Network



Cervical Cancer Incidence

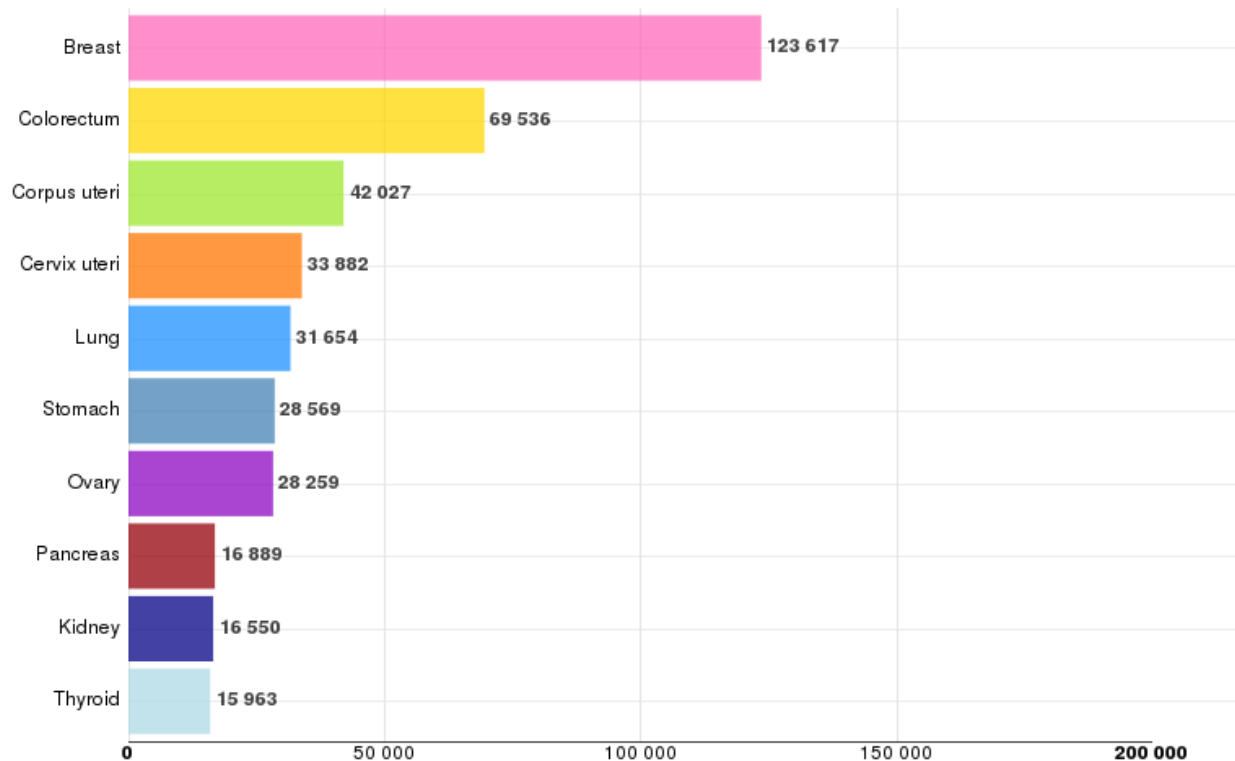


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Estimated number of incident cases, Central and eastern Europe (top 10 cancer sites) in 2012

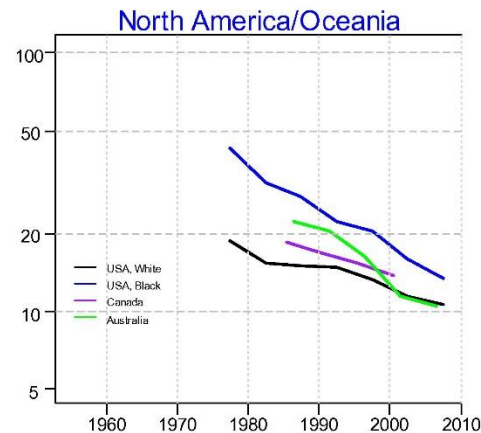
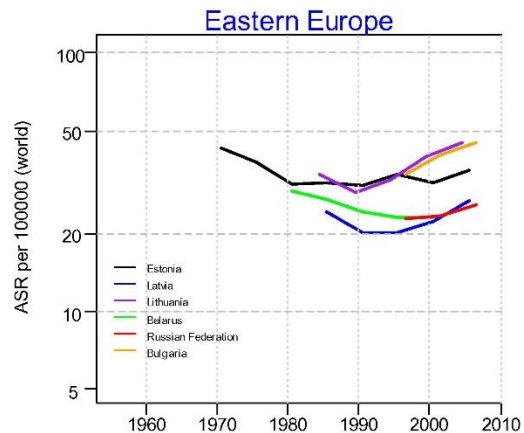
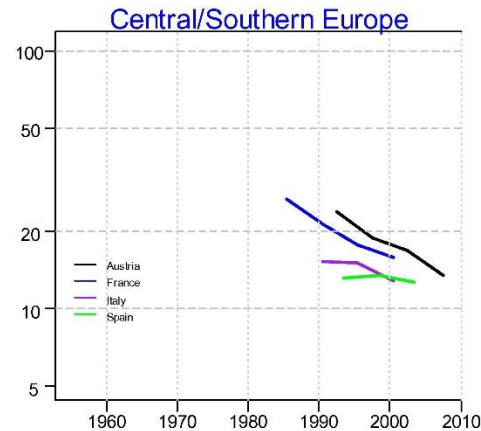
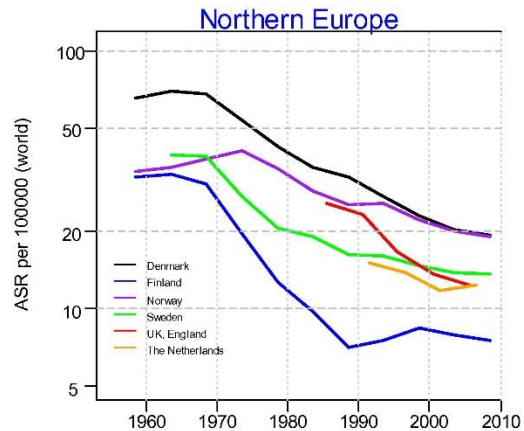


Data source: GLOBOCAN 2012
Graph production: Global Cancer Observatory (<http://gco.iarc.fr/>)
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World Health Organization

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Trends in GYN Brachytherapy

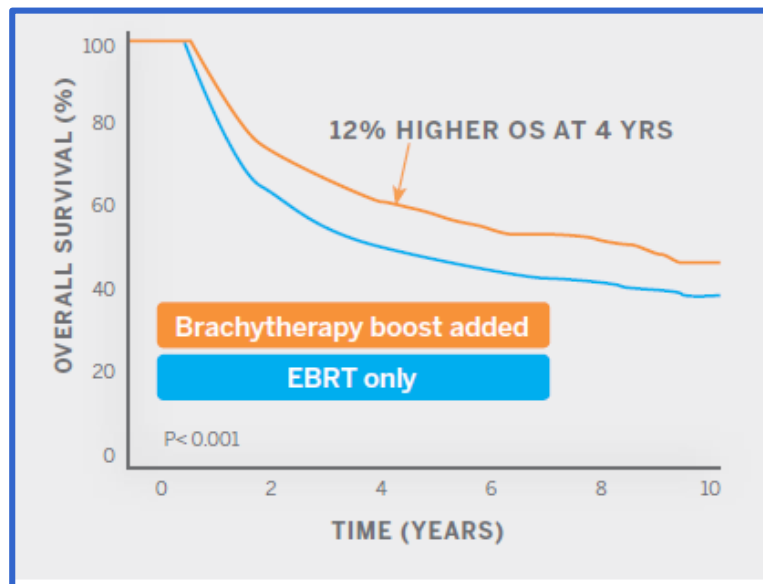
- Treatment Regimen and Competing Modalities
 - The Need of Brachytherapy
- 3D Image Guided Adaptive Brachytherapy
 - Supported by Clinical Outcome
 - Guidelines and recommendations
- Interstitial Brachytherapy
 - Growing Need

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Brachytherapy

Essential part in treatment of cervical cancer



In a recent study, cervical cancer patients that received brachytherapy as boost after external beam radiation therapy had a 12% better overall survival rate at four years than patients who didn't receive the brachytherapy boost.¹

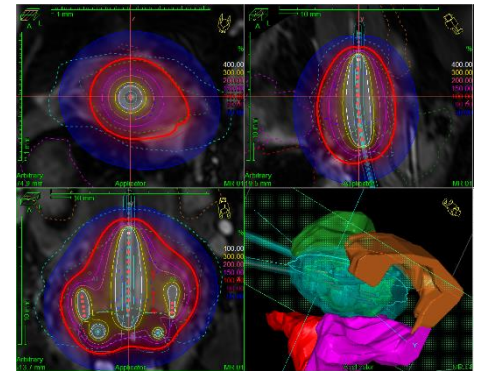
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3D IGABT

- Insertion of a CT/MRI compatible applicator with or without needles
- 3D Imaging (CT or MRI) with the applicator inserted
- Applicator Reconstruction on 3D Data
- Contouring
 - HR- CTV: High Risk Clinical Target Volume
 - IR-CTV: Intermediate Risk Clinical Target Volume
 - OAR: Organs At Risk
 - Bladder
 - Rectum
 - Sigmoid
- Dose plan adapted to the patients' case

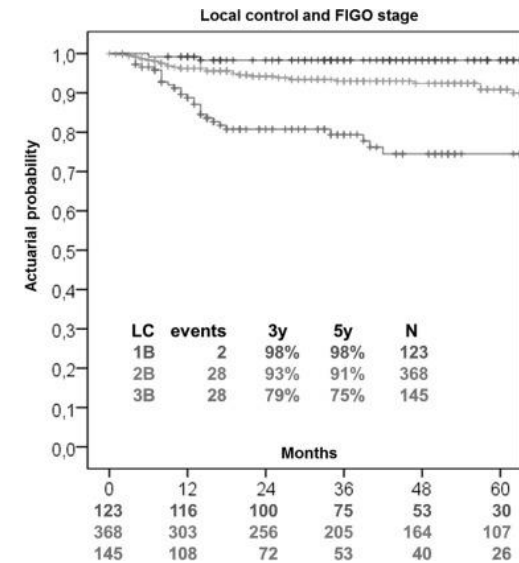
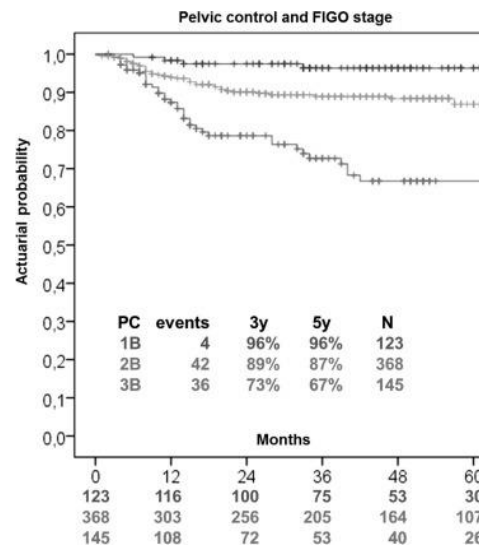
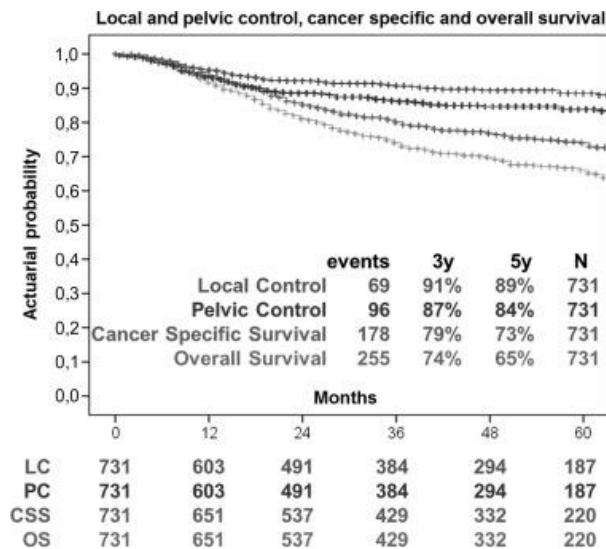


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3D IGABT Improves Clinical Outcome



RetroEMBRACE Multi-center Study

IGBT improves pelvic control by approximately 10% compared to conventional 2D BT. [1]

IGBT improves overall survival compared to historical data [1] [8] [9]

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3D IGABT Improves Clinical Outcome

RetroEMBRACE			
FIGO stage	Total number of patients	Overall Survival at 5 years	Cancer Specific Survival at 5 years
IB	123	83%	90%
IIA	42	80%	84%
IIB	368	70%	77%
IIIA	23	42%	48%
IIIB	145	42%	53%
IVA	23	32%	40%
Total	731	65%	73%

[1] Sturdza et al, Radiother Oncol. 2016

FIGO Stage	5-Year Observed Survival Rate
0	93%
IA	93%
IB	80%
IIA	63%
IIB	58%
IIIA	35%
IIIB	32%
IVA	16%
IVB	15%

Based on data collected by the USA National Cancer Data Base from people diagnosed between 2000 and 2002

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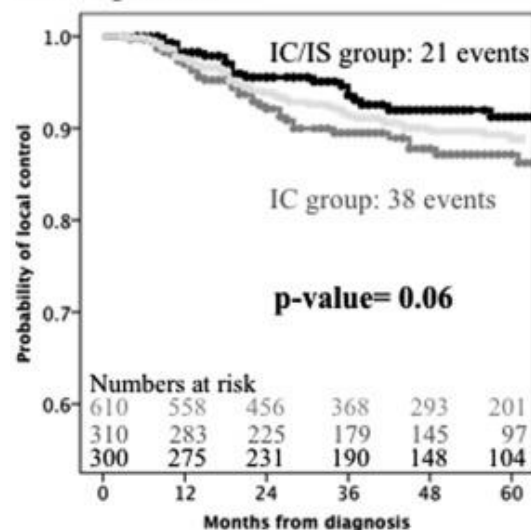
The above mentioned figures are not fully comparable.

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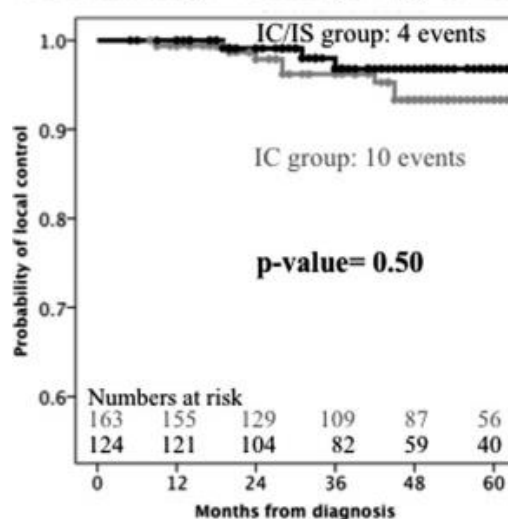


3D IGABT with interstitial needles improves Local Control

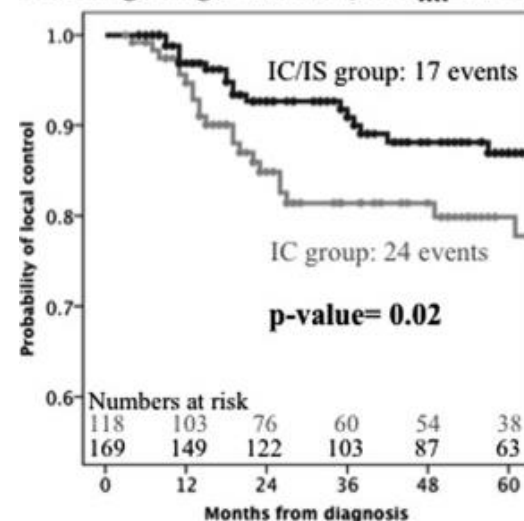
2A. All patients



2C. Small target volume ($CTV_{HR} < 30 \text{ cm}^3$)



2B. Large target volume ($CTV_{HR} \geq 30 \text{ cm}^3$)



Combined IC/IS brachytherapy improves local control by enabling a tumour specific dose escalation resulting in significantly higher local control in large tumours without adding treatment related late morbidity. [1]

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3D IGABT - Less severe vaginal morbidity

Clinical Investigation: Gynecologic Tumor

Manifestation Pattern of Early-Late Vaginal Morbidity After Definitive Radiation (Chemo)Therapy and Image-Guided Adaptive Brachytherapy for Locally Advanced Cervical Cancer: An Analysis From the EMBRACE Study

Conclusion: Severe vaginal morbidity within the first 2 years after definitive radiation (chemo)therapy including IGABT with intracavitary/interstitial techniques for locally advanced cervical cancer is limited and is significantly less than has been reported from earlier studies. Thus, the new adaptive target concept seems to be a safe treatment with regard to the vagina being an organ at risk. However, mild to moderate vaginal morbidity is still pronounced with currently applied IGABT, and it needs further attention. © 2014 Elsevier Inc.

Kirchheiner K et al. Int J radiat Oncol Biol Phys 2014;89:88-95

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3D IGABT - Less severe rectal morbidity

Image guided brachytherapy in cervical cancer

Dose-volume effect relationships for late rectal morbidity in patients treated with chemoradiation and MRI-guided adaptive brachytherapy for locally advanced cervical cancer: Results from the prospective multicenter EMBRACE study [☆]



Renaud Mazon ^{a,*}, Lars U. Fokdal ^b, Kathrin Kirchheiner ^c, Petra Georg ^c, Noha Jastaniyah ^c, Barbara Šegedin ^d, Umesh Mahantshetty ^e, Peter Hoskin ^f, Ina Jürgenliemk-Schulz ^g, Christian Kirisits ^c, Jacob C. Lindegaard ^b, Wolfgang Dörr ^c, Christine Haie-Meder ^a, Kari Tanderup ^b, Richard Pötter ^c, on behalf of the EMBRACE collaborative group ¹

Conclusions: Significant correlations were established between late rectal morbidity, overall and single endpoints, and dose-volume (D_{2cm^3} , $D_{0.1cm^3}$) and dose-point (D_{ICRU}) parameters. A $D_{2cm^3} \leq 65$ Gy is associated with more minor and less frequent rectal morbidity, whereas a $D_{2cm^3} \geq 75$ Gy is associated with more major and more frequent rectal morbidity.

[1] Mazon et al, Radiother Oncol. 2016

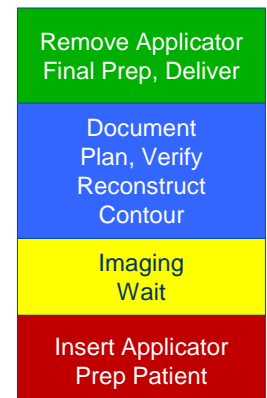
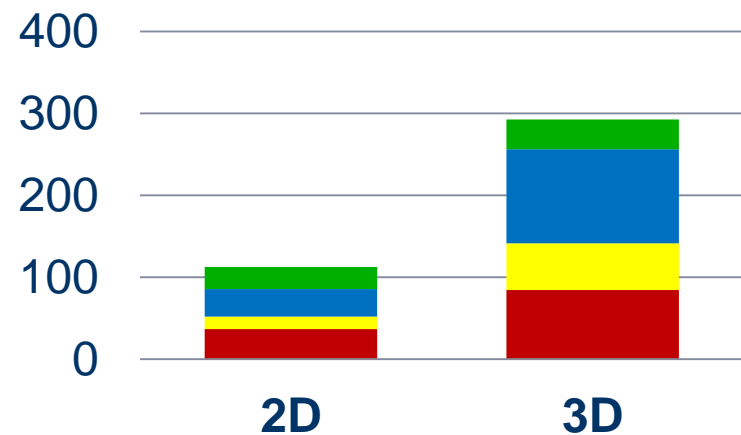
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Challenges & Hurdles

- 3D IGABT
 - Long procedures
 - Invasive
 - Lot of staff involved
- Reimbursement
 - Low Reimbursement Rates
- Access to equipment
 - Radiotherapy Centers
 - Afterloaders
 - Sources
- Logistics & Infrastructure
 - Access to Operating Room
 - Nursing
 - Anesthesia
- Skills Set



One HDR Fraction (min)



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Elekta

Engagement with the key stakeholders in the treatment of Cervical Cancer

Clinical Trial support

Education

Product/Procedure support and customer training

Innovation

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Support of EMBRACE 1 and EMBRACE 2 studies

Radiotherapy and Oncology 120 (2016) 365–369



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Contents lists available at ScienceDirect

Radiotherapy and Oncology

journal homepage: www.thegreenjournal.com



Editorial

Image Guided Adaptive Brachytherapy in cervix cancer: A new paradigm changing clinical practice and outcome



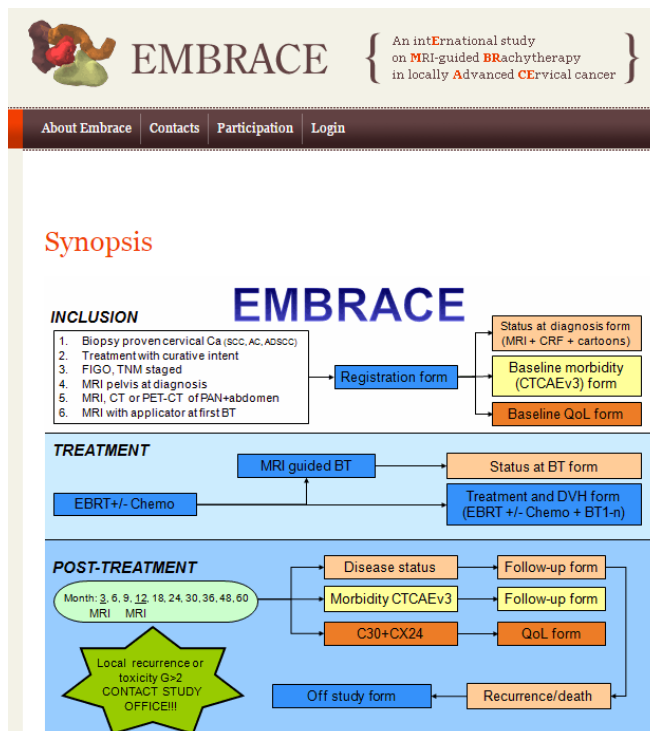
Kari Tanderup^a, Jacob Christian Lindegaard^a, Christian Kirisits^b, Christine Haie-Meder^c, Kathrin Kirchheiner^b, Astrid de Leeuw^d, Ina Jürgenliemk-Schulz^d, Erik Van Limbergen^e, Richard Pötter^{b,*}

^a Aarhus University Hospital, Department of Oncology, Denmark; ^b Medical University of Vienna, Comprehensive Cancer Center, Department of Radiation Oncology, Austria; ^c Gustave Roussy Cancer Campus Grand Paris, Department of Radiation Oncology, Villejuif, France; ^d University Medical Center Utrecht, Department of Radiotherapy, The Netherlands; and ^e Department of Radiation Oncology, University Hospital Gasthuisberg, Leuven, Belgium

Image Guided Adaptive Brachytherapy (IGABT) in locally advanced cervical cancer (LACC) is increasingly recognized as the new paradigm replacing 2D brachytherapy and spreading throughout the world. This spread is at present predominantly in Europe [1], North America [2] and in major centres in Asia. The Gyn GEC ESTRO Recommendations I–IV [3–6] on MRI based IGABT have been used as the conceptual frame for these developments during the last decade and are now embedded into the recently published

Clinical outcome

There is growing clinical evidence that IGABT combined with radiochemotherapy leads overall to improved clinical outcome compared to 2D brachytherapy. This evidence is based on retrospective mono-institutional cohorts [15–18,44–48], on the prospective multicentre French comparative STIC trial [49] and now also on results from the RetroEMBRACE [19,20,24] and



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Support of GCIg and CCRN

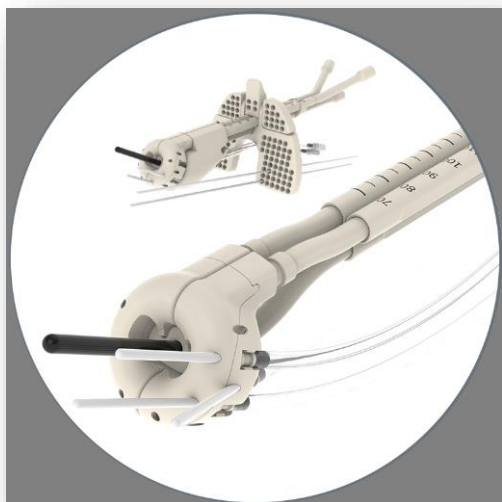
- Gynecologic Cancer InterGroup (GCIg)
 - Global studies in endometrial and cervical cancer
- More focused collaboration with Cervix Cancer Research Network (CCRN)
 - Leading up to meeting today

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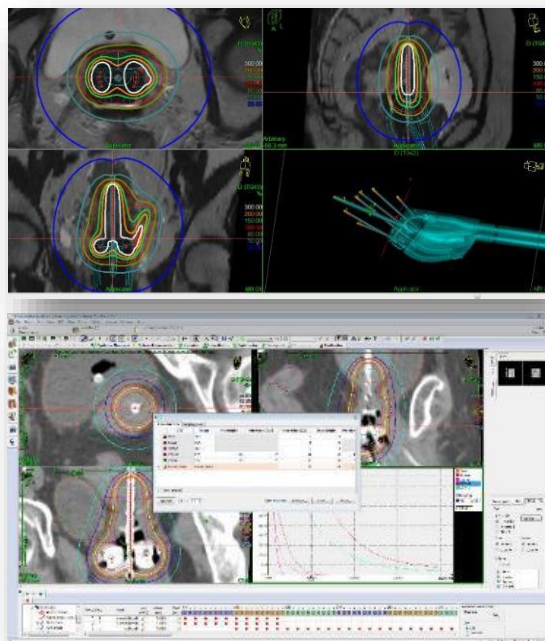


Elekta solutions for image-guided adaptive brachytherapy



Largest CT/MR compatible
applicator portfolio

Now also a new option for
advanced staged cervical
cancer: Venezia*™



Intelligent tools to simplify treatment
planning – eg. speed up reconstruction
and optimize dosimetry



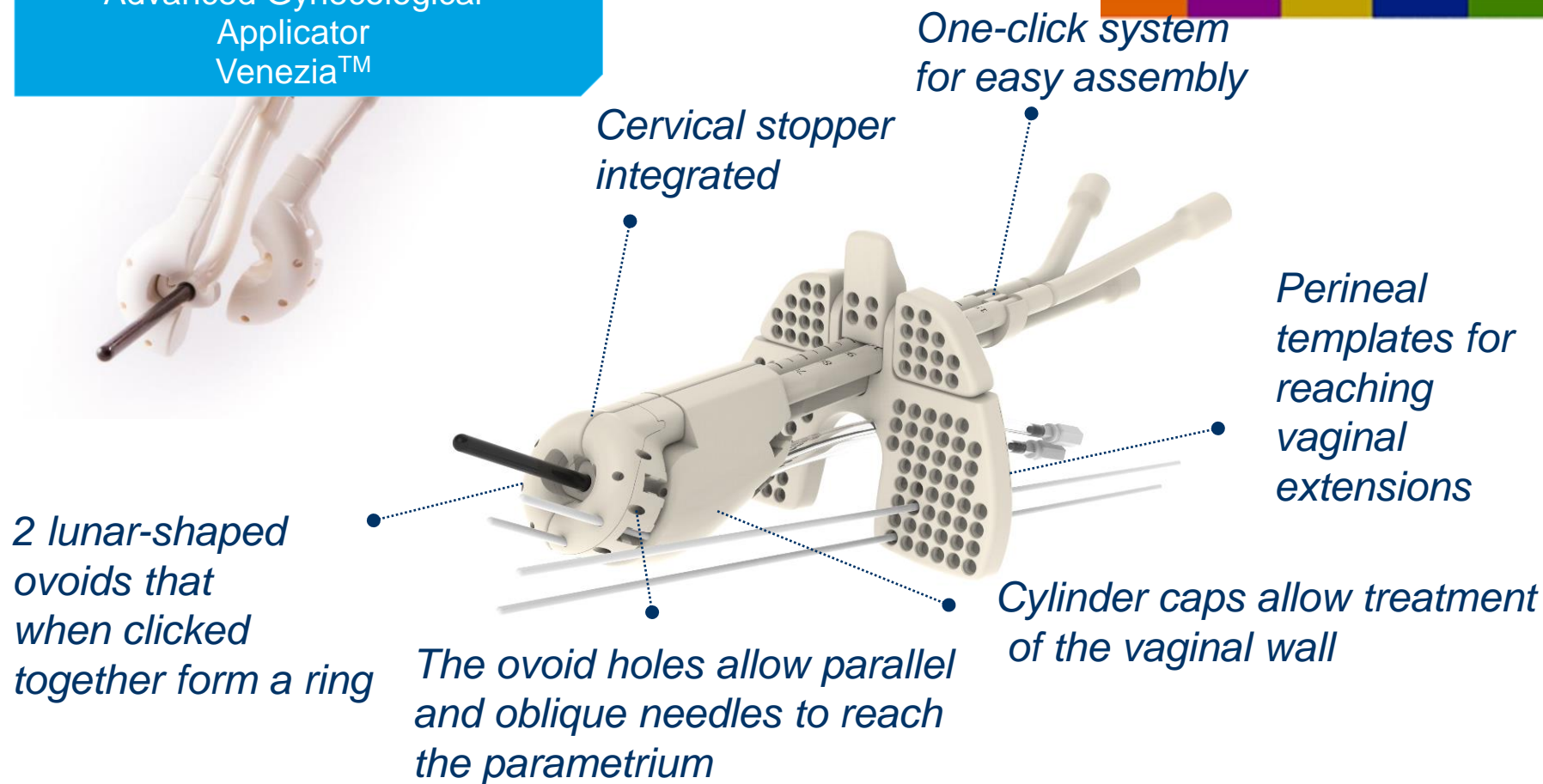
State of the art treatment delivery:
Intuitive, safe, accurate

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Advanced Gynecological
Applicator
Venezia™



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- Educational concept with distinct identity
- Focused on general brachytherapy and clinical workflow rather than products
- For Health Care Professionals with interest in Brachytherapy
- Structured and organised
- Long-term relationship with customers
- Easy accessible

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The “one-stop-shop” for Brachy-education

- **Peer-to-Peer** Brachytherapy education
 - Educational Workshops
 - Educational Centers
 - On-site support (proctoring)
 - Fellowships
- Residency programmes
 - Physicians
 - Physicists

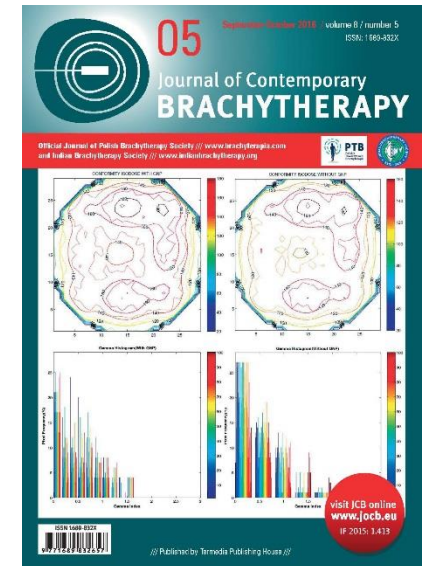
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Other components BrachyAcademy

- What's new in Brachytherapy
- Medical information (e-Library)
 - Research & publications
 - Awareness materials
- Educational video's
- Other:
 - BrachyTalk
 - Webcasts
- Educational Activity Corner Journal of Contemporary Brachytherapy
- Employee Medical Education



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BrachyAcademy Workshops

Body (tumor) sites

- Gyn (cervix)
- Prostate
- Breast
- Robot-Assisted Bladder Brachytherapy
- Head & Neck
- Rectum
- Skin

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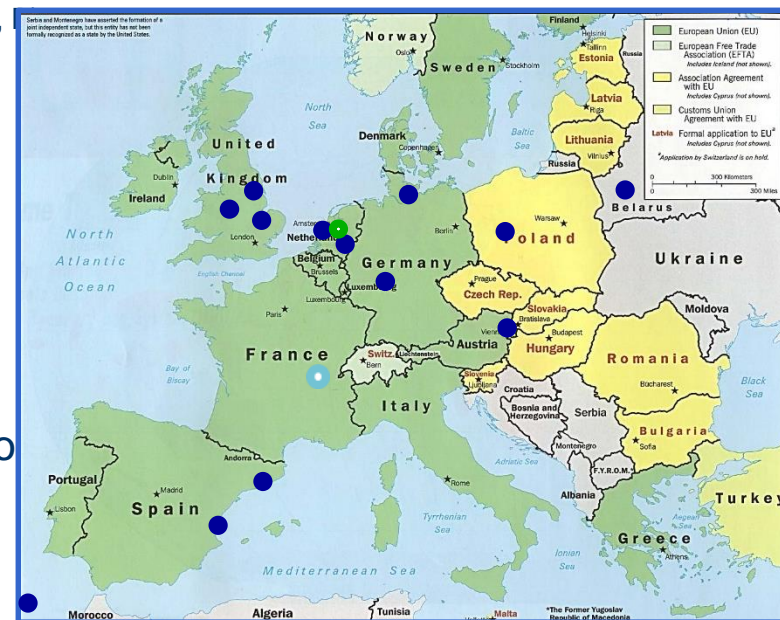


BrachyAcademy Educational Centers Europe

- **Austria** Medical University of Vienna / AKH (G*)
- **Belarus** N.N. Alexandrov National Cancer Centre, Minsk (P)
- **France** Hôpital Centre Léon Bérard, Lyon (P)
- **Germany** University Hospital Erlangen (Br)
Universitätsklinikum Schleswig-Holstein, Lubeck (H&N)
- **Netherlands** Academic Medical Center, Amsterdam (multiple)
Leiden University Medical Center (G and R)
Radiotherapy Group Arnhem/Rijnstate Hospital (BI)
- **Poland** Greater Poland Cancer Center, Poznan (P)
- **Spain** Catalan Institute of Oncology, Barcelona (Br, G,
University Hospital La Fe, Valencia (S)
Dr. Negrin University Hospital Las Palmas (P)
- **United Kingdom** Addenbrooke's Hospital, Cambridge (P)
The Christie, Manchester (S)
St James's University Hospital, Leeds (P)

*BI = Bladder, Br = Breast, G = Gyn, H&N = Head & Neck, P = Prostate, R = Rectum, S = Skin

○ BA Educational center in development



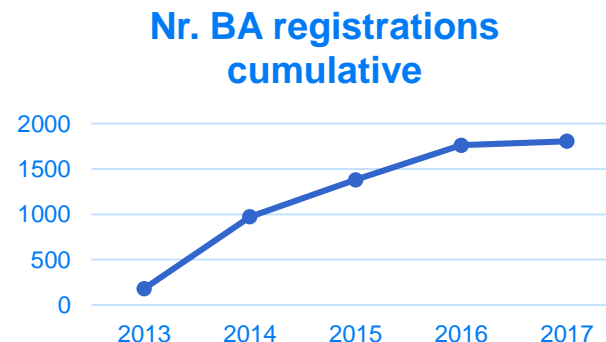
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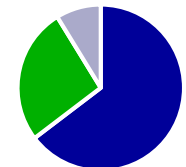


BrachyAcademy website (launch April 2013)

- 1805 'My Academy' registrations from 100 different countries:
 - 1167 spontaneous registrations
 - 480 via workshop registrations
 - 158 Elekta colleagues
- 5 workshops open for registration (10 workshops planned)
- 36 Educational Centers
- 400-plus items in e-library
- 39 BrachyTalk interviews
- English, Spanish, Chinese (Mandarin)



BA registrations (total 1805)



- Spontaneous
- Via workshop
- Elekta colleagues

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BrachyAcademy in development

- Visit, talk with and select Centres of Excellence for (domestic) peer-to-peer training purposes
- Visit, talk with and select Centres of Excellence to become Workshop sites
- Facilitate training of Radiation Oncologists and Physicists to become 'proctor', helping other centres to start Brachytherapy

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