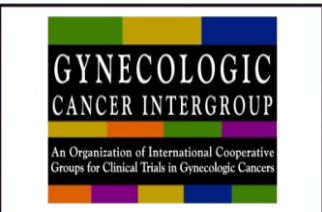


# Symptom Benefit Study

## Update and current status

### GCIG Symptom Benefit Study



# GRANT Success !

Dear Professor Friedlander,

NHMRC Grant Application: APP1063012

Application Round: 2013 Project Grant Funding Commencing 2014

Title: Symptom Benefit: Does palliative chemotherapy palliate?

Outcome: **Successful**

Budget: The approved budget for this Grant is \$394,744.50. Duration: 2 years. I am pleased to advise that your application has been approved.

Yours sincerely,

Dr Tony Willis  
Acting Executive Director  
Research Programs  
National Health & Medical Research Council

# Schema – Stage 2-SBS

## Target Population

- Informed consent
- ≥18yrs
- Platinum Resistant/Refractory\*
- ECOG 0-3
- Life expectancy > 3 months
- Able to commence treatment within 2wks of registration
- Able to complete questionnaires independently

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## Data Collection

- Baseline
- Each treatment cycle
- One month post completion of treatment or until disease progression

\* Amendment included ALL patients receiving 3<sup>rd</sup> line or greater lines of treatment - including potentially platinum sensitive

# Stage 2 -SBS

**Primary aim** is to validate the MOST as an outcome measure for future clinical trials

## Secondary aims

- To evaluate criteria for clinically significant subjective improvement
- The proportion of women benefiting from palliative chemotherapy
- The time to symptom deterioration
- The proportion of women who receive treatment because they are (a) symptomatic, (b) have rising tumor markers alone, or (c) have imaging evidence of disease progression
- The percentage of patients who complete 4 or more cycles of treatment
- The most common, most severe and most noticed symptoms as perceived by patients.
- **Develop a prognostic index**

# Data Collection

## **Baseline data collection**

1. Reason for treatment (symptomatic, rising CA125 and or radiological evidence of progression)
2. Number of lines of previous chemotherapy
3. Classification as primary or secondary platinum-resistant or –refractory
4. Baseline tumour assessments (CA 125 and imaging)
5. Symptoms and toxicities present at baseline
6. Patient-reported symptoms and HRQOL assessments
7. Prognostic factors - include performance status, age, haemoglobin, white cell count and differential, platelet count, CRP, albumin, CA125 doubling time prior to study entry and number of metastatic sites.

## **Data collected 3-4 weekly during and after chemotherapy until progression**

1. Symptom and HRQOL assessments, completed 3-4 weeks after each treatment cycle
2. Chemotherapy details
3. Adverse events and performance status
4. Tumour response assessment with CA 125 and imaging as clinically indicated

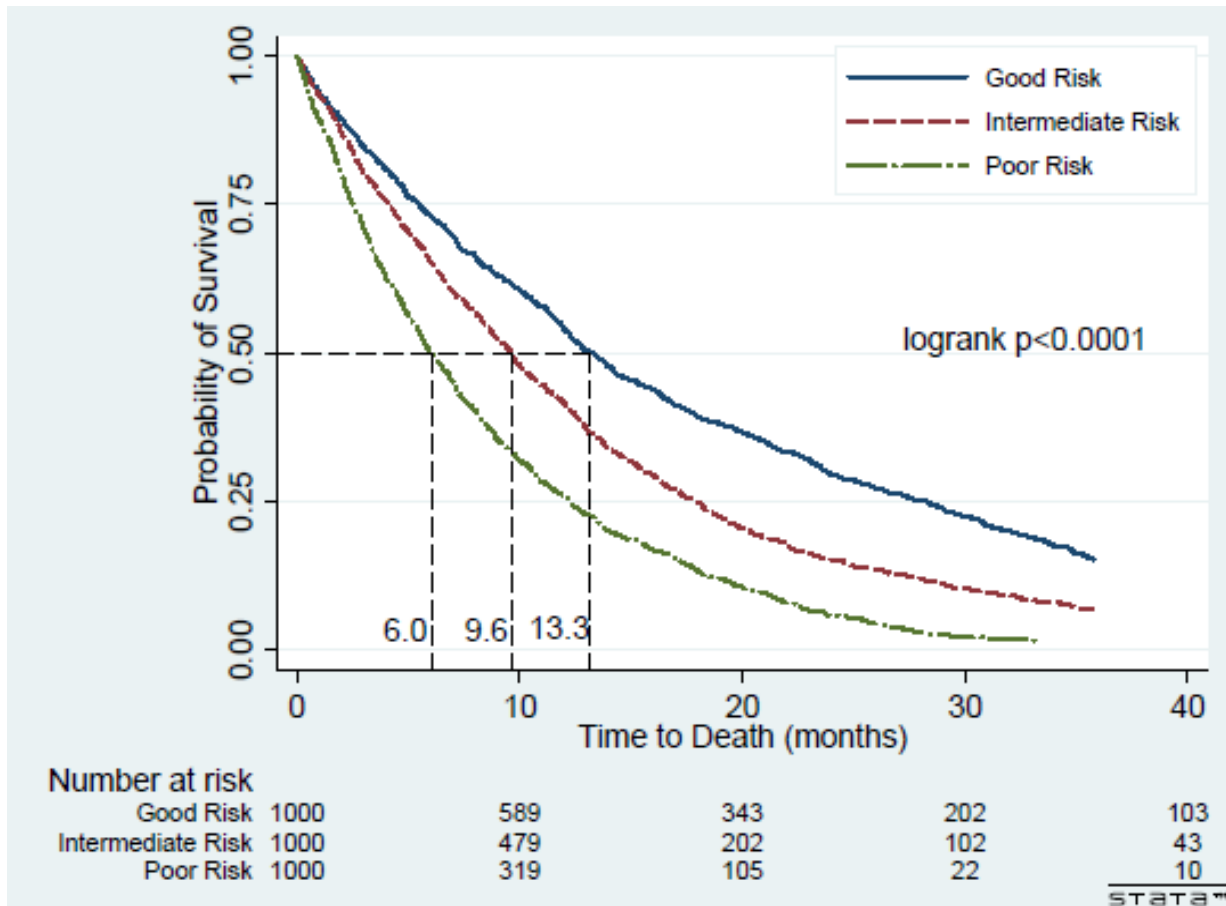
# Prognostic Factors

<b>Traditional Factors</b>	<b>Potential Additional Factors</b>
Performance status	HRQOL (FOSI +/- ECOG status)
Response to prior therapy	Symptoms (large volume ascites, abdominal cramping)
Refractory vs. resistant	weight loss
CA125 only vs. measurable disease	BRCA mutation or family history of breast cancer
Volume of tumour	Measures of inflammation (CRP, Haemoglobin, WCC, platelets, LDH, alkaline phosphatase)
Number of metastatic sites	CA125 velocity
Histology Serous vs. Clear Cell vs. Mucinous	
Grade	

# Platinum Resistant Ovarian Cancer

## Hypothetical Risk Groups

### OS



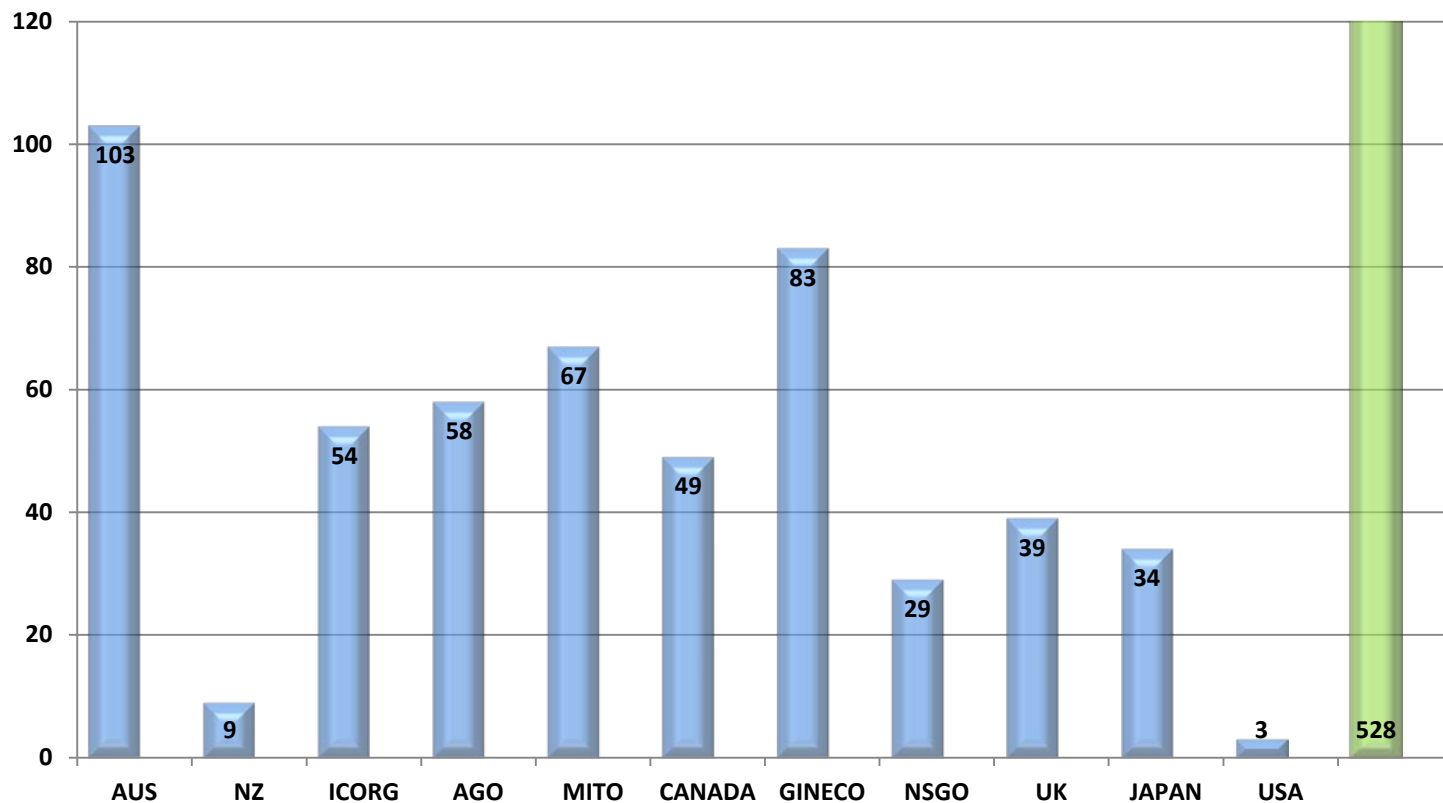
# Expected Outcomes

- 1) A validated instrument to precisely measure the subjective benefit of palliative chemotherapy (the MOST-OSI)
- 2) Prognostic model to better predict likelihood of symptomatic benefit, time to progression and overall survival.
- 3) Patterns of care and outcomes in women with platinum resistant/recurrent ovarian cancer who are not entered on clinical trials- will provide information regarding outcomes in a 'clinic population'.



# Total Accrual

ANZGOG-0701 - Total Accrual\* (11/11/13)



\*1<sup>st</sup> patient: Feb 2011

# Projected Accrual

- Currently averaging 32 registrations per month
- At current rate, total projected accrual would be 963 at study close (31 Dec 2014)
- Sample size: 600 patients with *evaluable* data (Cycle 3)
- On target for study timelines

# Current Progress

- Writing a User Guide- essential to guide scoring and appropriate use of the Instrument.
- SAP in place
- Commencing analyses in the 1<sup>st</sup> 400 patients and will use the next 400 as the validation set
- 3 papers from Stage 1 - 1 published (The Oncologist), 1 accepted(IJGC) pending changes suggested by reviewers and 1 submitted(IJGC) and waiting on reviewers comments

# Discussion Points

- Suggest that the instrument is called the GCIG-MOST providing that there is agreement by GCIG
- The instrument would be made freely available to whoever wishes to use it in clinical trials.
- The MOST instrument and User Manual will be available on GCIG website as well as ANZGOG and PoCOG websites